MetLife | Vision Insurance

Learn more about your MetLife benefits

MetLife benefits information right from your laptop.



The MyBenefits website is a quick and easy way for you to get the information you need about your MetLife benefits—all in one place. Log in to **metlife.com/mybenefits** to see how we've taken personalization and integration to a new level.

Personalized homepage for all your MetLife benefits

Perform tasks, get links to detailed coverage and read further about your MetLife benefits and information, such as:

Vision Plans – Easily find an in-network or participating vision provider or view your benefits and claims online.

Vision ID cards – Available online for you to download and print at your convenience. Cards contain your name, MetLife's claims submission address, website and customer service telephone number.

Additional MyBenefits features include:

- Planning tools to help you make informed decisions about your retirement, benefits coverage and other useful information on a variety of everyday topics.
- Important forms and documents are available to download in the "Tools & Resources" area at the bottom of the MyBenefits homepage.
- In the "News & Updates" section, you'll find information from MetLife and your employer, including enrollment dates and new product offerings.

Did you know?

The MetLife mobile app is available in the App Store and on Google Play. Download the app and use it to review plan information, find a participating provider and more.[1]

metlife.com/mybenefits

1. The MetLife Mobile App is available on the App Store and Google Play. To use the MetLife mobile app, employees can choose to register at metlife.com/mybenefits from a computer or directly through the app.

Vision benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Certain claims and network administration services are provided through: Davis Vision, Inc. ("Davis Vision"), a New York corporation; Superior Vision Services, Inc. ("Superior Vision"), a Delaware corporation; or Vision Service Plan (VSP), Rancho Cordova, CA. Davis Vision and Superior Vision are part of the MetLife family of companies. VSP is not affiliated with Metropolitan Life Insurance Company or its affiliates. Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.

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