

# Kii Health

## Employee & Family Assistance Program (EFAP)

**We can help.**

Free and confidential support for eligible employees and their families.



**Kii's supports and services can assist in the following areas:**

- Relationships and Couples
- Family and Parenting
- Stress
- Anxiety
- Depression
- Substance Use
- Legal and Financial
- Grief and Bereavement
- Career Coaching
- Behavioural Management
- Diet and Nutrition
- Work-Related Stress
- Bullying and Harassment
- Crisis and Trauma

**Call us 24/7 at 1-866-814-0018  
or visit our employee portal:**



**[www.kiihealth.ca](http://www.kiihealth.ca)  
Access Code:**