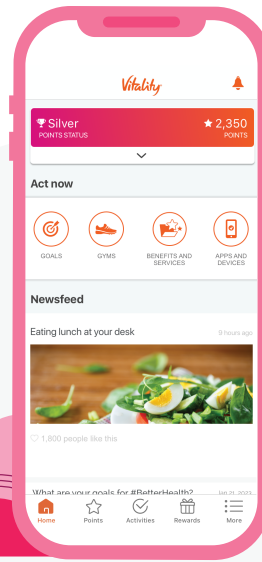




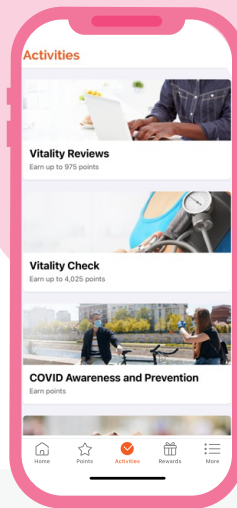
# On the go?

# Bring Vitality with you!

SCAN TO  
DOWNLOAD

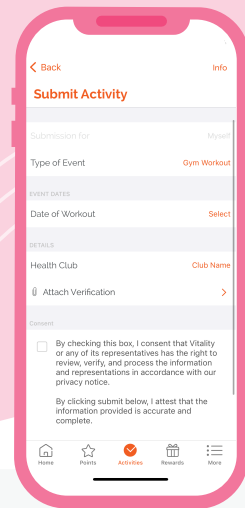


No matter where you are, stay connected to your favorite Vitality features with the Vitality Today mobile app!



## EXPLORE ACTIVITIES

Scroll through to see all point-earning activities.

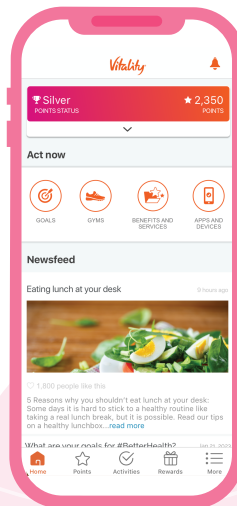


## SUBMIT PROOF

Navigate to the activity and follow the prompts.

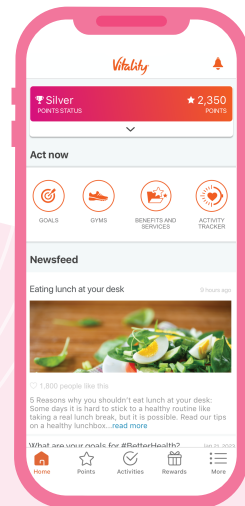
\*Members that do not have an app or device connected will see 'Apps and Devices' under 'Act Now'. Members with at least one connected app or device will see 'Activity Tracker' under 'Act Now'.

Members are encouraged to have the latest version of the Vitality Today to see these new features.



## APPS & DEVICES

See which apps or devices are available to connect.\*



## ACTIVITY TRACKER

View daily activity tracked from an app or device.\*